

8/24/2019

Suwanee Health and Fitness Festival Event Times

5K



1.	9:00am: Wheel Chair Race
2.	9: 15am: 5K Run
3.	9: 20am: 5K Walk
4.	10:00am: 5K Race Recognition

KIDS



1.	9:15am: Kids Fun Run
2.	9:45am – 4:00pm: Certified Tough (Bring kids any time between the noted Time frame for a round of “Certified Tough” Obstacles Adventure).
3.	9:30am: Kids Fun Run Recognition
4.	10:30am - Inflatables Bounce House open to the public.

DIRTY PAW CHALLENGE



1.	HAS BEEN CANCELLED. DUE TO LACK OF PARTICIPATION
----	---

FREE FUN - ENTERTAINMENT



1.	10:15am: Announcements: Suwanee Health and Fitness Festival Host Takes Stage – Coach Terry Gatewood
2.	10:30am - 11: 30am - Zumba w/Erick Santana
3.	11:30am - 12:00pm - Zumba w/Janice Davis Canty
4.	12:15pm - 1:45pm - Hula Hoop (Bring your Hula Hoop) Michelle Hamilton
5.	2:30pm - 3:30pm: - Fit2Fly – Maggie Hudson, Natalie Fields and Rachel Woods
6.	4:00pm - 7:00pm: - Fly Betty Band

Don't forget to visit our Sponsors & Vendors Tent/Booth.

WE LOOK FORWARD TO A GREAT EVENT! THANK YOU 😊